

LIFECYCLE ADVENTURES



CALIFORNIA WINE COUNTRY BIKING

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info@lifecycleadventures.com

- 5-day/4-nights
- Beginner and intermediate riders
- 20 to 25 miles/day
- You choose the start date

Bikes, Boats and Balloons

A Multi-Activity Tour of the California Wine Country

This trip is for people, like me, who can't choose between several activities but want to do them all! On this Napa & Sonoma bike tour, you get to ride quiet back roads, take a balloon flight over the Napa Valley and kayak down the Russian River – all the way to the Pacific Ocean. The trip is perfect for families or small groups who just want to have fun.

On this trip, you stay in Character Inns. These are our more economical lodgings but they are all very well run, have en suite bathrooms and are close to the center of town.

As well as the feature activities, you also have the chance to hike or horseback ride among the mighty redwood groves. The oldest of these trees are over 1400 years old and 320 feet high.

If you would like to know more, send me an email at info@lifecycleadventures.com or use the [Check Availability](#) button in the left margin.

Tony Blakey
Founder



"This ecoregion is home to some of the largest trees on Earth: the redwoods."
National Geographic

From: \$1710 per person

Check
Availability

Includes:

- Transfer from San Francisco and back again
- Lodging with breakfast
- Luggage transported between lodgings
- Hybrid bikes
- Dawn balloon flight
- ½-day kayaking on the Russian River
- Van support
- Customized routes and a personalized guidebook
- Maps and mile-by-mile directions

Lodging:

- Stevenson Manor, Calistoga
- Camellia Inn, Healdsburg
- Fern Grove Cottages, Guerneville (x2)

Optional Extras:

- Spa treatments including the famous mud baths of Calistoga
- Horseback riding or hiking in the Armstrong Redwoods State Reserve
- Upgrade to B&B lodging
- Upgrade to a high specification road bike

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